

Alcohol Brief Intervention

How to deliver Identification and Brief Advice

What is Alcohol IBA

- IBA is a simple but effective 'brief intervention' for people whose alcohol use may be harmful to their health without them often realising.

Who is the training for?

- The training is suitable for health professionals or any front line roles working in Oxfordshire.
- The training is particularly suited to: GPs, practice nurses, HCAs, midwives, sexual health staff, health visitors, school nurses, A&E staff, youth workers, community safety roles and many more.

Course outcomes

By completing an IBA training course, participants will have developed an understanding of:

- Alcohol use and harms
- Understanding your role in IBA
- Delivery of IBA to reduce risky or harmful alcohol use
- Knowing how and when to refer someone to services
- Key engagement and motivational skills



Free half day online interactive training sessions available.

Choose one of the following dates:

- **11 Feb** 9:30am – 1:30pm
- **4 Mar** 12:30pm – 4:30pm
- **11 Mar** 9:30am – 1:30pm
- **23 Mar** 9:30am – 1:30pm

All bookings via Eventbrite and the online platform will be Microsoft Teams.

Search: **Alcohol DrinkCoach** under events.

Your Trainers:



Dr James Morris



Mark Holmes, DrinkCoach

