

MOTIVATE SUPPORT QUIT

A free course

To help you, help others:-

- Have the confidence to have the conversation about smoking
- Learn about the importance of talking about smoking
- Give the best advice about how to quit

THURSDAY 28TH JANUARY 2021
10AM-11AM

SATURDAY 6TH FEBRUARY 2021
10AM-11AM

TUESDAY 2ND FEBRUARY 2021
1PM-2 PM

FRIDAY 12TH FEBRUARY 2021
2PM-3 PM

More sessions coming...

For more information and to book your free place
oxfordshiretraining.net/events/

#SmokefreeOxon