

# Alcohol Brief Intervention

## *How to deliver Identification and Brief Advice*

### What is Alcohol IBA

- IBA is a simple but effective 'brief intervention' for people whose alcohol use may be harmful to their health without them often realising.

### Who is the training for?

- The training is suitable for health professionals or any front line roles working in Oxfordshire.
- The training is particularly suited to:  
GPs, practice nurses, HCAs, midwives, sexual health staff, health visitors, school nurses, A&E staff, youth workers, community safety roles and many more.

### Course outcomes

By completing an IBA training course, participants will have developed an understanding of:

- Alcohol use and harms
- Understanding your role in IBA
- Delivery of IBA to reduce risky or harmful alcohol use
- Knowing how and when to refer someone to services
- Key engagement and motivational skills



**Free** half day training sessions. Available dates:

- **22 July** 9:30 – 1:30pm
- **19 Aug** 9:30am – 1:30pm
- **28 Sept** 9:30am – 1:30pm
- **12 Oct** 12:30pm – 4:30pm
- **2 Nov** 9:30am – 1:30pm
- **25 Nov** 9:30am – 1:30pm

All sessions delivered via **Zoom**.

Bookings via Eventbrite. Search: **Alcohol DrinkCoach** under events.

**NB: Non-attendance or cancellation within 48 hours of the training will result in a £50 fee to your service. Please give as much notice as possible to allow those on the waitlist to attend.**

### Your Trainers:



Dr James Morris



Mark Holmes, DrinkCoach

